

Resolution

MONTEREY COUNTY BOARD OF EDUCATION

RESOLUTION NUMBER 19-20-10

Recognizing and Honoring

NATIONAL RECOVERY MONTH

WHEREAS, the Monterey County Board of Education recognizes the month of September as **National Recovery Month** to increase awareness of mental and substance use disorders and to celebrate people who recover; and

WHEREAS, celebrating 30 years, **National Recovery Month's** theme for 2019 is *Join the Voices for Recovery: Together We Are Stronger*, emphasizing the need to share resources and build networks that support the paths to recovery; and

WHEREAS, as part of the 30th anniversary, **National Recovery Month** introduced a new logo that signifies the true meaning and values of the observance and now features an "r" symbol that represents Recovery; and

WHEREAS, **National Recovery Month** supports how integrated care, a strong community, sense of purpose, and leadership contribute to effective treatments that sustain the recovery of persons with mental and substance use disorders, and helps to eliminate the negative public attitudes so that those in need access treatment and those in recovery re-establish their place in the community; and

WHEREAS, reducing the impact of substance abuse and mental illness in our communities is crucial and **National Recovery Month** invites individuals in recovery and their family members to share their personal stories and successes highlighting the value of family and community support throughout recovery; and

WHEREAS, millions of individuals are proudly living their lives in recovery and **National Recovery Month** spreads the positive message that behavioral health is essential to overall health, that prevention works, treatment is effective and people can and do recover; and

WHEREAS, there is a need to educate communities on how substance use disorders affect children, families, and all community members and the Monterey County Board of Education applauds organizations throughout the county that provide residents of all ages with tools and support to overcome challenges, rebuild lives, strengthen families, and create lasting recovery and life-long change; and

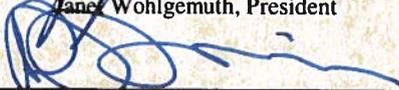
WHEREAS, the Monterey County Board of Education encourages individuals, parents, students, schools, and organizations throughout Monterey County to support substance use treatment, promote healthy lifestyles, and make mental health services a countywide priority so that more people seek treatment services to achieve and sustain long-term recovery:

NOW, THEREFORE, BE IT RESOLVED, that the Monterey County Board of Education adopts Resolution Number 19-20-10 to proclaim the month of September 2019 as **National Recovery Month** and to recognize the three decades of spreading the message that treatment is effective and people do recover every day.

**Passed and Adopted on the
Eleventh Day of September 2019**



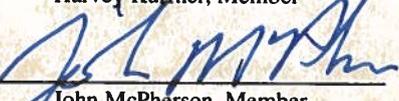
Jane Wohlgenuth, President



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John McPherson, Member

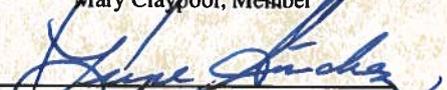




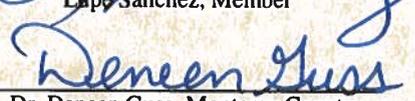
Judy Pernycook, Member



Mary Claypool, Member



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Dr. Deneen Guss, Monterey County
Superintendent of School