

# Resolution

## MONTEREY COUNTY BOARD OF EDUCATION

RESOLUTION NUMBER 20-21-05

*Recognizing*

### ***NATIONAL RECOVERY MONTH***

**WHEREAS**, the Monterey County Board of Education recognizes September as **National Recovery Month** to raise awareness about substance use disorders, the effectiveness of treatment and recovery services, and to celebrate the strength and resilience of people who recover and those who have made gains in their recovery; and

**WHEREAS**, the 2020 theme for **National Recovery Month** is *Join the Voices for Recovery: Celebrating Connections* to heighten awareness that people do not have to face recovery challenges alone; and

**WHEREAS**, behavioral health is an essential part of overall wellness and preventing and overcoming mental and/or substance use disorders is crucial to achieving healthy lifestyles, both physically and emotionally; and

**WHEREAS**, the Monterey County Board of Education encourages people to learn about mental and/or substance use disorders, recognize signs of problems, and help guide those in need to appropriate treatment and recovery support services; and

**WHEREAS**, everyone, including co-workers, neighbors, friends and family members, has their ups and downs, both big and small and **National Recovery Month** reminds us that with inner strength and support from others we can all be strong and resilient; and

**WHEREAS**, there is a need to educate our communities on how substance use disorders affect children, families, and all community members and that there are organizations throughout the county that provide residents of all ages with tools and support to overcome challenges, rebuild lives, strengthen families, and create lasting recovery and life-long change; and

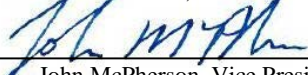
**WHEREAS**, the Monterey County Office of Education takes part in the Monterey County Blue Zones Project and its efforts to improve mental and behavioral health by promoting a culture of well-being, inspiring positive connections, cultivating healthy lifestyles, and helping to develop purpose and a zest for life; and

**NOW, THEREFORE, BE IT RESOLVED**, that the Monterey County Board of Education adopts Resolution Number 20-21-05 to recognize the month of September 2020 as **National Recovery Month** and invites all school districts to participate in educating residents and students about mental and substance use disorders and encourages them to advocate for and make mental health services a countywide priority.

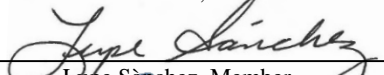
**Passed and Adopted on the  
Twelfth Day of August 2020**



Ron Panziera, President



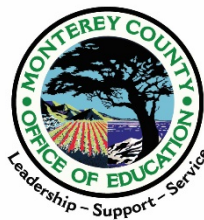
John McPherson, Vice President



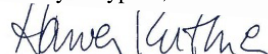
Lupe Sanchez, Member



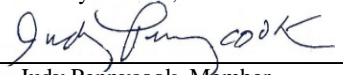
Janet Wohlgemuth, Member



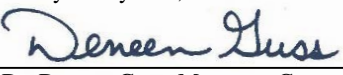
Mary Claypool, Member



Harvey Kuffner, Member



Judy Pennycook, Member



Dr. Deneen Guss, Monterey County  
Superintendent of Schools