

## **Autism and Mental Health Issues**

By Request

To request this workshop, send an email message to the contact person identified below.

Research has established that students on the autism spectrum frequently have co morbid conditions including developmental diagnoses, psychiatric diagnoses, neurological diagnoses and genetic diagnoses. This workshop will focus on the most common co-occurring psychiatric disorders. It will focus on how the disorder presents in the general population, how it presents in individuals with ASD, describe briefly the possible treatments including therapeutic interventions and medications that might be used. In addition, the use of Cognitive Behavioral Therapy and ASD will be discussed.

Presenter(s): Patti Bangs, M.S., CCC-SLP/L, Jennifer Smith, M.A., and Val Wiltse, M.A.,  
Program Specialists, Monterey County SELPA  
Participants: Special Education Teachers and Administrators, Psychologists, Counselors, etc.  
Time: This is a 2 to 3-hour presentation  
Contact: [selpa@montereycoe.org](mailto:selpa@montereycoe.org)