

Trauma Informed Care

By Request

To request this workshop, send an email message to the contact person identified below.

The purpose of this workshop is to support school staff and teachers to understand the nature of trauma, how it affects a child's ability to be present and ready/available for instruction. It will focus on how to identify behavioral triggers and manage the difficult or perplexing behaviors that arise as a by-product of experiencing traumatic events such as domestic violence, abuse, harsh parenting, community violence and prenatal drug exposure. Participants will learn strategies for building and fostering a trauma-informed classroom environment in order to become trauma-informed educators. Secondary trauma, burnout and compassion fatigue will also be explored.

Presenter(s): Monterey County Health Department, Behavioral Health Division (MCBH)
Participants: General and Special Education Teachers, Paraprofessionals, School Psychologists, Speech Language Pathologists, Counselors, Administrators, and Parents
Time: This is a 2-hour presentation
Contact: selpa@montereycoe.org